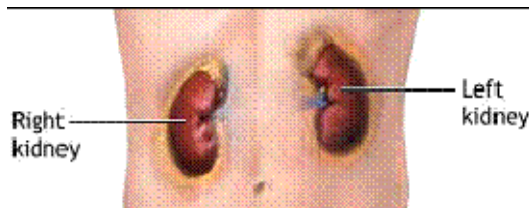


# Scents and Sensibility News

## *Kidney Disease – The Symptoms will Surprise You!*



**SIGNS:** Kidney weakness is all too often overlooked, because some of the symptom indicators are not reflected in conventional diagnostics. One example is in Diagnostic Face-Reading. Facial lines, circles, creases and wrinkles are more than just stress and aging! In his book *Diagnostic Face Reading and the Wholistic You*, Roger Bezanis reveals that **Bags Under the Eyes** are strong indicators of weak kidneys. \*

If Another sign of weakness is high blood pressure. HBP can be the result of chronic kidney failure, since the kidneys are central to blood regulation. Another misdiagnosed symptom of kidney failure is pain in the joints. Most people think this is arthritis, but Uric Acid that stems from faulty kidneys stays in the body and deposits in the joints, causing severe inflammation. Uric Acid is extremely toxic. When checking for related kidney problems, consider the bladder, adrenal glands and endocrine system. No one body system works autonomously, but the **Temple** is a finely-tuned machine that works synergistically.

**STEPS:** One of the most healthy, supporting foods for the kidneys are **GRAPES!** Red or Green, Cabernet or Pinot, it doesn't matter. What does matter is that they are in the raw food state—not fermented! Fermentation creates significant sugars in the body.\* Raisins do not provide the same support as raw grapes. **SIDEBAR:** I believe fruit that bears “seeds” in its natural state is the way it should be eaten. Seedless fruit is a hybrid and “contrary to nature.”

Traditionally, the Kidneys are refurbished on a natural cycle every 24 hours, between 5-7 pm (YOUR time zone). During this period, you may consider enhancing and supporting this natural process with essential oils that promote kidney health: **2 drops chamomile, 2 drops Juniper and 1 drop of Fennel.** Dilute oils with 5 drops of V-6 mixing oil and take in a gel cap 2x a day. Also apply **Juniper and Geranium, Grapefruit and Lemon** over the kidneys as a compress \*\*

**Ningxia Red**—Whole Food at the source! Plus the power of limonene in Orange and Lemon Essential Oils.

**K&B Tincture**—3 droppers in 4 oz. distilled water, 3x daily. Drink 8 oz. of water with 10 percent unsweetened cranberry juice and the juice of 1/2 lemon to strengthen the kidneys. Drink plenty of water additionally. \*\*

\* Diagnostic Face Reading—Roger Bezanis

\*\* Essential Oils Desk Reference — ESP



**Young Living's Tangerine Oil  
Increases Water Intake at Cellular Level**

At the Ecuadoran Clinic, D. Gary Young recommends ingesting 20 drops of Tangerine Oil in a gel cap each morning to increase the uptake of H<sub>2</sub>O at the cellular level. I was fascinated by this concept and understood

that Tangerine would facilitate weight loss. So, I asked a licensed Naturopathic Doctor to test this idea using energy medicine diagnostics. Here's her report: *"I'm excited about the Tangerine oil, because until now, test scores have been consistently low on hydration. I tested myself on the biofeedback, and when I started the Tangerine Capsules, it showed great improvement. After one week, the hydration levels continue to improve. I'm ecstatic, because better hydration means improvement in every area of life!"*

NOTE: TESTIMONIES ARE INDEPENDENT OF YOUNG LIVING. NO PRODUCTS OR CLAIMS HAVE BEEN STUDIED BY FDA.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease



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## Taking the **NingXia Red** Challenge

"Dad is 82 years old and this is his third day of the Ningxia Red Body Saturation. He says he feel pretty well in general, and also seems to be getting a bit sharper, mentally. He chuckled and shared with me that in the last two days, he awoke with a "**surprise**" — and from what he said, this hasn't happened in years! This part of his life has slowed from the various medications and from, I believe, blood-pressure problems for most of his adult life. I think his visit with me could not have come at a better time because I introduced him to **Ningxia Red!**" - **Becky H., Arizona**

The **Ningxia Red Challenge** is to saturate your body with 4 bottles of **Ningxia** in one month—that averages 4-6 oz. per day. Each person is different; and for some, 3 oz. equals body saturation. At the end of 30 days, evaluate your health changes. You may never want to be without **Ningxia Red** again! ( *Results Vary, so Keep a Journal !* )

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## *"Believe and Receive"*



**ON SALE - 10% Off**  
**Through August 15<sup>th</sup>, 2008**

**Believe™ Oil Blend** is an uplifting blend of essential oils with a steady, balancing effect on emotions. Believe™ can help you to overcome feelings of despair and move beyond them to a higher level of awareness. It aids in releasing the unlimited potential everyone possesses, making it possible to experience health, happiness, and vitality more fully. Believe™ can also provide feelings of strength and faith. \* - *Essential Oils Desk Reference – Essential Science Publishing*

**Emotionally – Believe™** may help to overcome the challenge of being “dishonest” with yourself. Apply **Believe™** to the Spleen Alarm point (located 2 inches above the lower edge of the ribs on the side) and confess the affirmation that **“I am true to myself.”\*** – *Releasing Emotional Patterns with Essential Oils, Dr. Carolyn Mein*

## Ingredients

**Idaho Balsam Fir** (*Abies grandis*) oil has antiseptic properties and aids in the relief of sore muscles and body aches due to exercise. **Rosewood** (*Aniba rosaeodora*) oil is soothing to the skin. **Frankincense** (*Boswellia carteri*) oil supports normal immune system function and is known to be elevating to the mind. **Item 3310 10 ml. Bottle**

**SALE PRICE: Customer Price: \$19.84**  
**SALE PRICE: Pref Customer Price: \$17.45**  
**SALE PRICE: Wholesale Price: \$15.00**

Receive 10% off Believe purchases through August 15, 2008. Offer available on regular orders, orders made through the Automated Phone System, and on Essential Rewards orders processed on or before 11:59 p.m. MT on August 15, 2008.

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**Feng Shui God's Way** removes the veil of myth and superstition regarding the Chinese Art of Placement. You will discover the “shadow side” of how this Universal Natural Law alters the energy of your environment and directly impacts your health, relationships, success and prosperity. Author **Janet McBride** takes you on a journey back through time to discover ancient secrets known by Abraham, King David and Solomon and how you can implement these techniques by effectively using Color, Furniture Placement, Music, Aromatherapy and Art. Questions will be answered that have never before been addressed regarding *Feng Shui*. This one will surprise you!

**FULL COLOR**